



WORKSHOP TOPICS

- **DEFINITIONS & SELF-REFLECTION**
Includes a cultural passport exercise designed to help participants better understand their own cultural backgrounds
- **DISCUSSION ON CULTURAL BELIEFS & VALUES**
The complexity of culture and how it plays into our access and receipt of health and human services cannot be underestimated. We discuss how we can connect across cultural boundaries with the goal of negotiating a successful interaction.
- **HISTORICAL CULTURAL CONSIDERATIONS**
History and the front-page news walk through the doors of our organizations daily. How can we take them into consideration as we look to offer the best services possible to our clients?

CULTURALLY RESPONSIVE CARE FOR HEALTH & HUMAN SERVICE PROFESSIONALS

The Center for Health Impact offers a Culturally Responsive Care workshop designed to help participants understand what culturally responsive care is and to equip them with tools to increase their ability to provide cross-cultural care to diverse populations

This foundational course includes definitions, in-depth discussions on the complexity of culture, activities that allow for self-reflection of cultural beliefs and values, and historical cultural considerations. Skills-building exercises and tools for communicating across cultural boundaries are offered in a highly interactive setting. Participants will leave with a greater understanding of what it means to offer culturally responsive care and the importance of moving past cultural collision to connection and negotiating a successful interaction.

Participants engage with the material through dialogue, polls, activities, film, small and large group discussion, and small group breakout rooms.

We are happy to work with your organization and tailor our trainings to meet the needs of your staff.

- Workshops are offered in-person and virtually
- Class sizes are limited to 25
- While the ideal foundations workshop is a full day, both full and half day sessions are available.

<https://www.centerforhealthimpact.org/>